



Jeffrey T. Roith, D.P.M.

WART SURGERY

1. Keep bandage dry today. You may experience some bleeding through the bandage, if so, elevate your foot. If it persists, then add ice to the top of your ankle while keeping your foot elevated. You may remove the bandage and apply a band-aid if it becomes significantly blood soaked.
2. Remove the bandaging tomorrow morning.
3. Apply the medication prescribed and cover with a gauze bandage or as directed by your doctor.
4. When possible, take an anti-inflammatory (e.g. Ibuprofen 400 mgs.) with dinner tonight. Take other medication only as directed. Generally, the stronger medication is taken between meals and in the evenings. Ibuprofen (e.g. Advil, Nuprin, Motrin – one or two tablets) can be taken with meals and will greatly help reduce the need to take the stronger medications.
5. **DO NOT** leave area open to the air until your doctor tells you to. This will cause abnormal healing and discomfort to you.
6. It is okay to take showers and baths, but be sure to use the medication afterwards.
7. Wear loose comfortable shoes. You should not experience any discomfort unless you irritate the area or injure it.
8. Call our office if there is any significant pain, problems or questions.

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