



Jeffrey T. Roith, D.P.M.

NAIL SURGERY POSTOPERATIVE INSTRUCTIONS

1. Keep bandage dry until tomorrow. You may experience some bleeding through the bandage, if so elevate your foot and apply ice to the top of your ankle for 20 minutes. You may remove the bandage and apply new gauze if it becomes blood soaked.
2. After 24 hours, you may remove the bandage and begin soaking your foot in warm soapy water for about 20 minutes. Wash the area gently with soap (i.e. Dial Antibacterial Soap). You will need to soak two times daily until you see the doctor for your next appointment.
3. Apply the medication as prescribed and cover the toe with new gauze and tape.
4. Shower and bathe as usual.
5. Wear loose comfortable shoes for the first two days to avoid discomfort.

Call the office immediately if concerns arise

Jeffrey T. Roith, D.P.M.
Main Office Ph: 913-894-4040
Toll Free: 1-866-SOR-FEET